

# MEET MORINGA

## Nourisher-Beautician-Humanitarian

Native to the Himalayan Mountains, Moringa oleifera is nature's "miracle tree". It's packed with 90+ vitamins, minerals, vital proteins, antioxidants, omega oils, and other benefits.

## 8 HEALTH BENEFITS OF MORINGA

- PROMOTES**  
*natural anti-aging benefits*
- DELIVERS**  
*anti-inflammatory support*
- HELPS**  
*maintain normal blood sugar levels*
- INCREASES**  
*energy*
- PROVIDES**  
*mental clarity*
- NOURISHES**  
*body's immune system*
- PROMOTES**  
*healthy digestion*
- HELPS**  
*maintain healthy circulation*

## WHY CHOOSE ZIJA'S MORINGA?

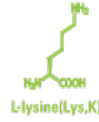
Unlike other Moringa-based products on the market, Zija uses all of the most beneficial parts of the tree—the leaves, the fruit and the seeds—in our proprietary blends. The result is a truly valuable line of high-quality, nutritionally-charged products.

 **RAISED**  
*without chemicals*

 **SHADE DRIED**  
*to ensure nutrients remain intact*

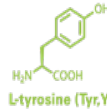
 **HARVESTED**  
*carefully by hand*

## MORINGA CONTAINS:



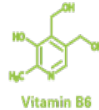
### ALL 9 ESSENTIAL AMINO ACIDS

*Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Threonine, Tryptophan, Valine, Arginine*



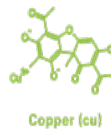
### 9 ADDITIONAL AMINO ACIDS

*Alanine, Aspartic Acid, Cystine, Glutamine, Glycine, Histidine, Proline, Serine, Tyrosine*



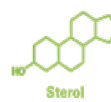
### VITAMINS

*Vitamin A (Alpha and Beta-Carotene), B, B1, B2, B3, B5, B6, B12, C, D, E, K, Folate (Folic Acid), Biotin, and more*



### MINERALS

*Calcium, Chloride, Chromium, Copper, Fluorine, Iron, Manganese, Magnesium, Molybdenum, Phosphorus, Potassium, Sodium, Selenium, Sulfur, Zinc*



### OTHER BENEFICIAL INGREDIENTS

*Chlorophyll, Carotenoids, Cytokinins, Flavonoids, Omega (3,6,9) oils, Plant Sterols, Polyphenols, Lutein, Xanthins, Rutin, and more*

## MORINGA: DID YOU KNOW?

- It is known by over 100 names in different languages around the world
- It can be used to purify water
- It can be grown even in a drought
- All parts of the plant can be eaten
- Ancient Indian writings as far back as 150 BC refer to Moringa

